



Aging Information Directory  
and Caregivers Guide  
January 2012



Aging Information Office  
*sponsored by the Dallas Area Agency on Aging  
funded in part by the  
Texas Department of Aging and Disability Services*



1349 Empire Central Dr., Suite 400  
Dallas, Texas 75247  
Dial 2-1-1  
214-379-4636

*The Community Council of Greater Dallas, does not discriminate in employment practice or provision of services on the basis of race, color, religion, sex, age, handicap or national origin.*





The Aging Information Office is a project of the  
Community Council of Greater Dallas

Martha T. Blaine, Executive Director

Directory Production Staff

Stephanie N. Wells  
Mary Brown  
Corina Castro



For additional information on aging services and programs, or  
questions about this booklet call or write:

AGING INFORMATION OFFICE  
1349 Empire Central Dr., Suite 400  
Dallas, Texas 75247  
2-1-1 or  
214-379-4636

**Copyright © 2010 by Community Council of Greater Dallas  
All rights reserved.**

**Reproduction or computer entry, by any means, in whole or in part, is not  
permitted without written permission of the copyright holder.**





## PREFACE

The Aging Information Directory is a cooperative effort of the Community Council of Greater Dallas and the Dallas Area Agency on Aging. The Community Council of Greater Dallas operates 2-1-1 Texas, a comprehensive Information and Referral Service. The Aging Information Office, funded by the Dallas Area Agency on Aging, has been a program of the Community Council of Greater Dallas Information and Referral Service since 1974.

The Aging Information Directory is intended to serve older persons and their caregivers. The format for the directory provides readers with a snapshot of each organization. The table of contents is in the front of the book. The body of the directory is organized by subject. Each subject is introduced by a brief subject description followed by the providers' names, addresses and telephone numbers.

The directory includes government and nonprofit agencies that provide services for older adults.

**To receive a single copy of the directory, write or call:**

**Aging Information Office  
1349 Empire Central Dr., Suite 400  
Dallas, TX 75247  
2-1-1 or 214- 379-4636  
admin@cagd.org**



## CONTENTS

Adult Day Care	1
Adult Protective Services	3
Advocacy	3
Assistive Technology	5
Large Print Materials	6
Orientation/Mobility Training	6
Recordings for the Blind	7
TDD Linkage	7
Caregiver Support	8
Case Management	8
Consumer Protection Agencies	10
Credit Counseling	11
Dental Care	11
Employment	13
Job Training	13
Senior Citizen Employment Projects	14
Health Care	14
Dementia Management	15
Geriatric Medicine	15
Glaucoma Screening	16
Health Screening	16
Hearing Screening	17
Hospital Based Outpatient	17
Physician Referral	19
Health Education	20
Home Delivered Meals	22
Home Health Care	23
Homemaker Assistance	24
Hospice Care	25
Housing	26
Housing Authorities	26
Housing Rehabilitation/Repair	27
HUD Listings	29
Landlord/Tenant Assistance	30
Roommate Matching	30
Subsidized Rental Housing	30
Weatherization	33



Income Security	33
Disability Insurance - Social Security	34
Disability Insurance - Veterans	34
Food Stamp, Medicaid, CCAD Application Sites	34
Temporary Financial Aid	35
Legal Information	35
Lawyer Referral	35
Legal Counseling	36
Legal Information Line	37
Mediation	37
Leisure Activities	37
Continuing Education	38
Cultural Enrichment	38
Library Services	39
Recreational Activities	39
Local Park and Recreation Centers	41
Medical Alert/Emergency Response Services	42
Medicare/Medicaid Information	43
Medicare Information - Claims	43
Medicare Supplemental Insurance Guide	43
Qualified Medicare Beneficiary and Specified Low-Income Beneficiary Benefits	43
Medicaid/Supplemental Security Income (SSI) Applications	44
Mental Health	44
Adult In-patient	44
Counseling - Individual	44
Crisis Intervention	46
Mental Health Courts	47
Psychiatric Day Treatment	47
Nursing Facility Information	47
Nursing Facilities	47
Nursing Facility Medicaid Prior Authorization	47
Resident Rights (Ombudsman Programs)	48
Pet Services	48
Respite Care	50
Safety	50
Senior Centers	51
Support Groups	55



Grandparents Support Groups	59
Tax Information	59
Homesteading Assistance	60
Income Tax Assistance	60
Telephone Reassurance/Friendly Visitors	60
Telephone Reassurance	60
Friendly Visiting	61
Transportation	61
Parking Permits (Handicapped Stickers)	62
Medical Transportation	62
Para-Transit	64
Special Transportation for People with Disabilities	64
Senior Ride Programs	65
Volunteer Opportunities	65





## HELPFUL WEB SITES

### Caregiver's Resources

AARP

[www.aarp.org](http://www.aarp.org)

AGS Foundation for Health in Aging

[www.healthinaging.org](http://www.healthinaging.org)

Administration on Aging

[www.aoa.dhhs.gov](http://www.aoa.dhhs.gov)

Benefits Checkup

[www.benefitscheckup.org](http://www.benefitscheckup.org)

Caregiver Survival Resources

[www.caregiver911.com](http://www.caregiver911.com)

CaregiverCount

[www.caregiverscount.com](http://www.caregiverscount.com)

Caregivers World

[www.caregiversworld.com](http://www.caregiversworld.com)

Careguide

[www.careguide.com](http://www.careguide.com)

Elder Web

[www.elderweb.com](http://www.elderweb.com)

Empowering Caregivers

[www.care-givers.com](http://www.care-givers.com)

Family Caregiver America

[www.familycareamerica.com](http://www.familycareamerica.com)

Family Caregiving Alliance

[www.caregiver.org](http://www.caregiver.org)



Family Caregivers Online  
[www.familycaregiversonline.net](http://www.familycaregiversonline.net)

First Gov for Seniors  
[www.seniors.gov](http://www.seniors.gov)

The Home Care Companion  
[www.homecarecompanions.com](http://www.homecarecompanions.com)

Healthfinder  
[www.healthfinder.gov](http://www.healthfinder.gov)

Information About Services in Your Community  
[www.eldercare.gov](http://www.eldercare.gov)

National Family Caregivers Association  
[www.nfcacares.org](http://www.nfcacares.org)

National Self Help Clearinghouse  
[www.selfhelpweb.org](http://www.selfhelpweb.org)

Senior Net  
[www.seniornet.org](http://www.seniornet.org)

### **Hearing Impaired**

Deafness  
[www.deafness.about.com](http://www.deafness.about.com)

### **Prescription Assistance**

Medicare Prescription Discount Information  
[www.medicare.gov](http://www.medicare.gov)





RX hope  
[www.rxhope.com](http://www.rxhope.com)

PhRMA Patient Assistance Programs  
[www.phrma.org](http://www.phrma.org)

Needy Meds  
[www.needymeds.com](http://www.needymeds.com)

Pfizer  
[www.pfizer.com](http://www.pfizer.com)

### **Senior Web Sites**

Connect to Care  
Aging and Disability Resource Center  
[www.connecttocaredallas.org](http://www.connecttocaredallas.org)

Social Security Administration  
[www.ssa.gov](http://www.ssa.gov)

Texas Association for Home Care, Inc.  
[www.tahc.org](http://www.tahc.org)

Texas Department of Aging and Disability Services (formerly Texas  
Department on Aging)  
[www.dads.state.tx.us](http://www.dads.state.tx.us)

Trailblazer Health Enterprises, Inc.  
[www.trailblazerhealth.com](http://www.trailblazerhealth.com)

Well Spouse Foundation  
[www.wellspouse.org](http://www.wellspouse.org)



## Glossary of Terms

Activities of Daily Living (ADL's): Everyday activities, which include bathing, grooming, eating, personal hygiene and dressing.

Ambulatory: Describes a person's ability to walk around.

Dementia: Progressive neurological, mental, or medical disorder that affects memory, judgment and thought processes.

Elder Law: Legal speciality dealing with trusts, estates, public benefits etc. for older adults and families.

Assisted Living: Residential setting or facility based services that provide supervised housing, meals, medication supervision, activities, etc. but minimal nursing care.

Continuing Care Facilities: Contracted lifelong housing, board, and health services provided in a residential setting, offering a full spectrum of care via care retirement communities.

Independent Living: Housing for fully independent seniors.

Long Term Care Insurance: Privately issued insurance policy which covers the cost of nursing home care, assisted living, and home health care. Premiums are based on age, health, length of deductible periods, amount paid and duration of benefits.

Nursing Facilities: Provides 24 hr long term nursing care.

Para-transit: Provides curb-to-curb transportation for persons who are unable to ride the regular transit system due to documented physical disabilities.



---

## **ADULT DAY CARE:**

Adult Day Care provides care for dependent adults in a supervised and protective setting during some portion of a day.

**TEXAS HEALTH AND HUMAN SERVICES COMMISSION - COMMUNITY CARE FOR AGED & DISABLED ADULTS (CCAD)** (972)337-6100

801 S. State Hwy 161  
Grand Prairie, TX 75051  
[www.hhsc.state.tx.us/regions/03](http://www.hhsc.state.tx.us/regions/03)

(The Commission contracts with various facilities to provide day care for low income individuals who meet income and medical eligibility guidelines.)

**AGAPE ADULT DAY CARE** (214)941-9925

738 W. 10th Street  
Dallas, TX 75208

**CHRISTIAN HEIGHTS ADULT DAY AND HEALTH CARE** (214)371-4285

4708 Wadsworth St.  
Dallas, TX 75216

**EMERITUS AT FARMERS BRANCH** (972)241-3955

13505 Webb Chapel Rd.  
Farmers Branch, TX 75234  
[www.emeritus.com](http://www.emeritus.com)

**EMERITUS OF LAKE HIGHLANDS** (214)343-7445

9715 Plano Rd.  
Dallas, TX 75238

**FRIENDS PLACE ADULT DAY SERVICES** (972)437-2940

1960 Nantucket Dr.  
Richardson, TX 75080



---

**HAPPY CARE ADULT DAY CENTER (214)928-7800**

4915 Brashear  
Dallas, TX 75210

**MESQUITE ADULT DAY ACTIVITY CENTER (972)226-2131**

229 Barnes Bridge Rd.  
Mesquite, TX 75150

**SCENARIO ADULT RESTORATIVE NURSING & DAY CARE (214)351-1212**

3120 W. Northwest Hwy.  
Dallas, TX 75220

**SECURE HAVEN ADULT DAY CARE (214)339-4920**

2837 W. Illinois Ave.  
Dallas, TX 75233

**TOWN HALL ADULT DAY HEALTH CARE CENTER - OAK CLIFF (214)941-7353**

326 E. 12th St.  
Dallas, TX 75203

**ULTIMATE ADULT DAY CARE CENTER (214)320-0080**

3650 N. Buckner Blvd, Suite 110A  
Dallas, TX 75228

**WE CARE ADULT DAY CARE CENTER (214)371-7331**

3200 S. Lancaster Rd, Suite 609  
Dallas, TX 75216

**1ST HERITAGE WAY ADULT DAY CARE (972)699-7700**

13521 Method St.  
Dallas, TX 75243



---

## **ADULT PROTECTIVE SERVICES:**

Investigates reports of abuse, neglect and exploitation of aged and disabled adults.

### **TEXAS DEPT. OF FAMILY & PROTECTIVE SERVICES**

2355 N. Stemmons Frwy.  
Dallas, TX 75207  
[www.dfps.state.tx.us](http://www.dfps.state.tx.us)

**(800)252-5400**  
**24 Hr. Hotline**

## **ADVOCACY:**

Advocacy groups intercede on behalf of individuals and/or groups to ensure that they receive the benefits and services to which they are entitled and that their rights, guaranteed by law, are protected and enforced.

### **ABILITY CONNECTION TEXAS**

8802 Harry Hines Blvd.  
Dallas, TX 75235  
[www.abilityconnectiontexas.org](http://www.abilityconnectiontexas.org)

**(214)351-2500**

### **ADVOCACY CENTER FOR THE ELDERLY**

1349 Empire Central Dr., Suite 400  
Dallas, TX 75247  
[www.ccgd.org](http://www.ccgd.org)

**2-1-1 or**  
**(214)379-4636**

### **ADVOCACY, INC.**

1420 W. Mockingbird Ln., Suite 450  
Dallas, TX 75247  
[www.advocacyinc.org](http://www.advocacyinc.org)

**(214)630-0916**

### **AGING INFORMATION OFFICE**

1349 Empire Central Dr., Suite 400  
Dallas, TX 75247

**2-1-1 or**  
**(214)379-4636**



---

**AIDS INTERFAITH NETWORK, INC.** (214)941-7696

501 N. Stemmons, Suite 200  
Dallas, TX 75207  
[www.aidsinterfaithnetwork.org](http://www.aidsinterfaithnetwork.org)

**ARC OF DALLAS, THE** (214)634-9810

10455 N. Central Expwy., Ste. 109-523  
Dallas, TX 75231  
[www.arcdallas.org](http://www.arcdallas.org)

**DALLAS, CITY OF** (214)670-5709  
**OFFICE OF SENIOR AFFAIRS**

1500 Marilla St. 6/B/N  
Dallas, TX 75201  
[www.dallascityhall.com](http://www.dallascityhall.com)

**DEAF ACTION CENTER** (214)521-0407

3115 Crestview Dr.  
Dallas, TX 75235  
[www.fdesk@deafactioncentertexas.org](mailto:www.fdesk@deafactioncentertexas.org)

**EPILEPSY FOUNDATION OF TEXAS** (888)548-9716

2630 Fountain View Dr., Ste. 210  
Houston, TX 77057  
[www.eftx.org](http://www.eftx.org)

**JEWISH FAMILY SERVICE** (972)437-9950  
**GERONTOLOGY** 24 Hr.

5402 Arapaho Rd.  
Dallas, TX 75248  
[www.jfsdallas.org](http://www.jfsdallas.org)

**LA VOZ DEL ANCIANO** (214)881-7583

3603 W. Winnetka  
Dallas, TX 75212  
[www.lavozdallas.org](http://www.lavozdallas.org)

---



---

**NATIONAL ALLIANCE ON MENTAL ILLNESS - DALLAS (NAMI)** (214)341-7133

2812 Swiss Ave.  
Dallas, TX 75204  
[www.namidallas.org](http://www.namidallas.org)

**RICHARDSON, CITY OF OLDER ADULT PROGRAM** (972)744-7800

820 W. Arapaho Rd.  
Richardson, TX 75080

**SEAGOVILLE SENIOR CENTER** (972)287-4113

304 E. Farmers Rd.  
Seagoville, TX 75159  
[www.cityofseagoville.org/senior\\_center.htm](http://www.cityofseagoville.org/senior_center.htm)

**SENIOR ADULT SERVICES FOR ADDISON, CARROLLTON, COPPELL & FARMERS BRANCH** (972)242-4464

One Medical Pkwy., Professional Plaza 1 Ste. 115  
Farmers Branch, TX 75234  
[www.senioradultservices.org](http://www.senioradultservices.org)

**SENIOR SOURCE, THE ADVOCACY GROUP FOR ELDERS** (214)823-5700

3910 Harry Hines Blvd.  
Dallas, TX 75219  
[www.theseniorsource.org](http://www.theseniorsource.org)

**ASSISTIVE TECHNOLOGY:**

Programs that provide equipment, appliances and assistive aids that enable people who have physical or sensory limitations to increase their mobility and ability to communicate and live more comfortably.



---

### Large Print Materials

**AMERICAN FOUNDATION FOR  
THE BLIND - CENTER ON VISION LOSS** (214)352-7222  
11030 Ables Lane  
Dallas, TX 75229  
[www.afb.org](http://www.afb.org)

**DALLAS LIGHTHOUSE FOR  
THE BLIND, INC.** (214)821-2375  
4306 Capitol Ave.  
Dallas, TX 75204  
[www.dallaslighthouse.org](http://www.dallaslighthouse.org)

**PUBLIC LIBRARY, CITY OF DALLAS  
CENTRAL LIBRARY** (214)670-1400  
1515 Young St.  
Dallas, TX 75201  
[www.dallaslibrary2.org](http://www.dallaslibrary2.org)

**TEXAS STATE LIBRARY - Talking Books  
Programs** (800)252-9605  
PO Box 12927  
Austin, TX 78711  
[www.tsl.state.tx.us/www.texastalkingbooks.org](http://www.tsl.state.tx.us/www.texastalkingbooks.org)

### Orientation/Mobility Training

**DALLAS LIGHTHOUSE FOR THE BLIND  
VOCATIONAL REHABILITATION** (214)821-2375  
4306 Capitol Ave.  
Dallas, TX 75204  
[www.dallaslighthouse.org](http://www.dallaslighthouse.org)

**TEXAS DEPARTMENT OF ASSISTIVE &  
REHABILITATIVE SERVICES,  
DIV. FOR BLIND SERVICES  
(DARS)** (214)378-2600  
(800)687-7017  
6500 Greenville Ave. Suite 250  
Dallas, TX 75206

---





www.dars.state.tx.us

**Recordings for the Blind and Physically Disabled**  
**AMERICAN FOUNDATION FOR THE BLIND - CENTER ON VISION LOSS** (214)352-7222  
 11030 Ables Lane  
 Dallas, TX 75229  
 www.afb.org

**DALLAS PUBLIC LIBRARY** (214)670-1400  
**City of Dallas**  
 1515 Young St.  
 Dallas, TX 75201  
 www.dallaslibrary2.org

**READING & RADIO RESOURCE** (214)871-7668  
 2007 Randall  
 Dallas, TX 75201  
 www.readingresource.org

**TEXAS STATE LIBRARY - Talking Books Program** (800)252-9605  
 PO Box 12927  
 Austin, TX 78711  
 www.tsl.state.tx.us/www.texastalkingbooks.org

**TDD Linkage**

**DEAF ACTION CENTER** (214)521-0407  
 3115 Crestview Dr.  
 Dallas, TX 75235  
 www.deafactioncentertexas.org

**RELAY TEXAS** 7-1-1  
 1701 N. Congress Ave. TDD  
 PO Box 13326  
 Austin, TX 78711  
 www.puc.state.tx.us/relay



---

## **CAREGIVER SUPPORT:**

Provides support to family members caring for relatives age 60 and older and grandparents or other relative 55+ raising grandchildren 18 years of age and younger. Also provides training and educational opportunities for caregivers and professionals working with older adults.

**ADVOCACY CENTER FOR THE ELDERLY**                      **2-1-1 or**  
1349 Empire Central Dr., Suite 400                      **(214)379-4636**  
Dallas, TX 75247-4033  
[www.ccgd.org](http://www.ccgd.org)

## **CASE MANAGEMENT:**

Case management programs assess the individual's needs and coordinate the delivery of services.

**ABILITY CONNECTION TEXAS**                      **(214)351-2500**  
8802 Harry Hines Blvd.  
Dallas, TX 75235  
[www.abilityconnectiontexas.org](http://www.abilityconnectiontexas.org)

**DALLAS LIGHTHOUSE FOR THE BLIND** **(214)821-2375**  
**VOCATIONAL REHABILITATION**  
4306 Capitol Ave.  
Dallas, TX 75204  
[www.dallaslighthouse.org](http://www.dallaslighthouse.org)

**JEWISH FAMILY SERVICE**                      **(972)437-9950**  
**GERONTOLOGY**                                      **24 Hr.**  
5402 Arapaho Rd.  
Dallas, TX 75248  
[www.jfsdallas.org](http://www.jfsdallas.org)

**LA VOZ DEL ANCIANO**                      **(214)881-7583**  
3603 W. Winnetka  
Dallas, TX 75212  
[www.lavozdallas.org](http://www.lavozdallas.org)

---



---

**PARKLAND HEALTH AND HOSPITAL SYSTEM - GERIATRICS PROGRAM** (214)590-8369

1936 Amelia Court, 2nd Floor  
Dallas, TX 75235  
[www.parklandhospital.com](http://www.parklandhospital.com)

**PARKLAND SENIOR OUTREACH SERVICES** (214)590-0646  
(214)590-0647

4811 Harry Hines Blvd., Bldg. C  
Dallas, TX 75235  
Serves zip codes: 75204, 75207, 75208, 75210, 75212, 75215,  
75216, 75217, 75241

**SENIOR ADULT SERVICES FOR ADDISON, CARROLLTON, COPPELL & FARMERS BRANCH** (972)242-4464

One Medical Pkwy. Professional Plaza 1, Ste. 115  
Farmers Branch, TX 75234  
[www.senioradultservices.org](http://www.senioradultservices.org)

**SENIOR SOURCE, THE ELDER SUPPORT PROGRAM** (214)823-5700

3910 Harry Hines Blvd.  
Dallas, TX 75219  
[www.theseniorsource.org](http://www.theseniorsource.org)

**SENIORS' NET** (972) 234-8880  
ext. 118

741 S. Sherman St.  
Richardson, TX 75081  
(Serves only those living in the Richardson ISD)

**VETERANS AFFAIRS, DEPT. OF NORTH TEXAS HEALTH CARE SYSTEM** (214)742-8387

4500 S. Lancaster Rd.  
Dallas, TX 75216  
[www.northtexas.va.gov](http://www.northtexas.va.gov)



---

## **CONSUMER PROTECTION AGENCIES:**

Agencies established by federal, state, county or city officials, business or industry associations, the media or the private sector to provide consumer education and information and to handle consumer complaints regarding unfair or fraudulent business or credit practices.

**ATTORNEY GENERAL OF TEXAS** (214)969-5310  
**CONSUMER PROTECTION & PUBLIC  
HEALTH OFFICE**  
1412 Main St., Ste. 810  
Dallas, TX 75202  
[www.oag.state.tx.us](http://www.oag.state.tx.us)

**BETTER BUSINESS BUREAU OF  
METROPOLITAN DALLAS** (214)220-2000  
1601 Elm St., Suite 3838  
Dallas, TX 75201  
[www.dallas.bbb.org](http://www.dallas.bbb.org)

**DALLAS, CITY OF  
CODE COMPLIANCE** (214)671-9392  
3112 Canton, Ste. A  
Dallas, TX 75226  
[www.dallascityhall.com](http://www.dallascityhall.com)

**U.S. CONSUMER PRODUCT  
SAFETY COMMISSION** (800)638-2772  
4330 East West Hwy.  
Bethesda, MD 20814  
[www.cpsc.gov](http://www.cpsc.gov)

**TEXAS DEPARTMENT OF INSURANCE** (800)252-3439  
333 Guadalupe St.  
Austin, TX 78701  
[www.tdi.state.tx.us](http://www.tdi.state.tx.us)



---

## CREDIT COUNSELING:

Programs that provide direction and guidance and/or legal assistance for people who are having difficulty meeting their financial obligations and may be faced with bankruptcy or loss of their homes or property.

**CONSUMER CREDIT COUNSELING SERVICE** (214)638-2227  
(800)249-2227

8737 King George Dr., Suite 200  
Dallas, TX 75235

[www.cccs.net](http://www.cccs.net)

(Call for location of branch offices located throughout the Metroplex.)

## DENTAL CARE:

The programs listed specialize in the care of teeth including the prevention, diagnosis and treatment of diseases of the teeth and gums.

**BAYLOR COLLEGE OF DENTISTRY** (214)828-8100

3302 Gaston Ave.  
Dallas, TX 75246

**COMMUNITY DENTAL CARE** (214)630-7080

1420 W. Mockingbird Ln., Suite 500  
Dallas, TX 75247

[www.communitydentalcare.org](http://www.communitydentalcare.org)

### COMMUNITY DENTAL CARE CLINIC

**AMELIA COURT (AIDS/HIV)** (214)590-5518

1936 Amelia Court  
Dallas, TX 75235

**BLUITT FLOWERS CLINIC** (214)266-4280

303 E. Overton Rd.  
Dallas, TX 75216



---

**deHARO-SALDIVAR CLINIC** (214)266-0630  
1400 N. Westmoreland Rd.  
Dallas, TX 75211

**EAST DALLAS CLINIC** (214)266-1170  
3320 Live Oak St.  
Dallas, TX 75204

**FARMERS BRANCH/CARROLLTON** (972)241-2259  
13551 Dennis Lane  
Dallas, TX 75234

**GARLAND CLINIC** (214)266-0760  
802 Hopkins  
Garland, TX 75040

**STEW POT (Homeless)** (214)560-2514  
1822 Young St.  
Dallas, TX 75201

**MARTIN LUTHER KING, JR.  
FAMILY CLINIC** (214)426-3645  
2922 B MLK, Jr. Blvd. Bldg. B  
Dallas, TX 75215

**PARKLAND HEALTH AND  
HOSPITAL SYSTEM** (214)590-5606  
**ORAL SURGERY PROGRAM**  
5201 Harry Hines Blvd.  
Dallas, TX 75235  
[www.parklandhospital.com](http://www.parklandhospital.com)

**URBAN INTER-TRIBAL CENTER  
OF TEXAS HEALTH CLINIC** (214)941-1050  
209 E. Jefferson Blvd.  
Dallas, TX 75203



---

## EMPLOYMENT:

If you are of retirement age, but not quite ready to stop working, call one of the agencies below. They assist people who are able and willing to work by helping them prepare for, find, secure and retain suitable employment.

### Job Training

**DALLAS CENTER, INC.** (214)328-4309

8550 Cadenza Ln.  
Dallas, TX 75228  
www.dallascenter.org

**DEAF ACTION CENTER** (214)521-0407

3115 Crestview Dr.  
Dallas, TX 75235  
www.deafactioncentertexas.org

**DALLAS LIGHTHOUSE FOR THE BLIND** (214)821-2375

4245 Office Parkway  
Dallas, TX 75204  
www.dallaslighthouse.org

**EPILEPSY FOUNDATION OF TEXAS** (888)548-9716

2630 Fountainview, Ste. 210  
Houston, TX 77055  
www.eftx.org

**GOODWILL INDUSTRIES OF DALLAS** (214)638-2800

3020 N. Westmoreland Rd.  
Dallas, TX 75212  
(Persons with disabilities)  
www.goodwilldallas.org

**LAUNCHABILITY** (972)991-6777

4350 Sigma Rd., Suite 100  
Farmers Branch, TX 75244

---



---

**TEXAS WORKFORCE COMMISSION** (214)421-2460  
**MLK Workforce Center (MLK Community Center)**  
2922 MLK Jr. Blvd. Bldg. A #104  
Dallas, TX 75215

**WORKFORCE SOLUTIONS - GREATER DALLAS** (214)290-1000  
1201 Main St., Suite 2700  
Dallas, TX 75202

**Senior Citizen Employment Projects**

**SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM** (214)741-0200  
1625 W. Mockingbird Ln., Suite 108  
Dallas, TX 75235  
[www.aarp.org/scsep](http://www.aarp.org/scsep)

**SENIOR SOURCE, THE SENIOR EMPLOYMENT SERVICE** (214)823-5700  
3910 Harry Hines Blvd  
Dallas, TX 75219  
[www.theseniorsource.org](http://www.theseniorsource.org)

**URBAN LEAGUE OF GREATER DALLAS AND NORTH CENTRAL TEXAS** (214)915-4600  
4315 S. Lancaster Rd.  
Dallas, TX 75216  
[www.ulgdnctx.org](http://www.ulgdnctx.org)

**HEALTH CARE:**

The primary purpose of the programs listed is to help people in the community achieve and maintain their health through prevention, screening, evaluation and treatment of illnesses, injuries or disabilities.





---

### Dementia Management

**UT SOUTHWESTERN MEDICAL CENTER - DALLAS** (214)648-3111  
5323 Harry Hines Blvd.  
Dallas TX 75235  
www.utsouthwestern.edu

### Geriatric Medicine

**BAYLOR UNIVERSITY MEDICAL CENTER**  
www.baylorhealth.com

#### Baylor Senior Health Center Locations

Baylor	4004 Worth, Suite 100	(214)820-6060
Fair Park	2835 Grand Ave.	(214)421-4411
Garland	800 N. Shiloh Rd.	(972)487-5444
Mesquite	1650 Republic Parkway, #150	(972)279-7575

**MARTIN LUTHER KING, JR. FAMILY CLINIC** (214)426-3645

2922 MLK, Jr. Blvd., Building B  
Dallas, TX 75215

### PARKLAND HEALTH AND HOSPITAL SYSTEM

www.parklandhospital.com

#### Community Oriented Primary Care Clinics

Bluitt-Flowers	303 E. Overton Rd.	(214)266-4200
Amelia Court de Haro/	1936 Amelia Ct., 2nd Fl.	(214)590-8369
Saldivar	1400 N. Westmoreland Rd.	(214)266-0500
East Dallas	3320 Live Oak St.	(214)266-1000
Garland	802 Hopkins St.	(214)266-0700
Southeast Dallas	9202 Elam Rd.	(214)266-1600
Vickery	8224 Park Ln., Suite 130	(214)266-0350
Irving	1800 N. Britain Rd.	(214)266-3000
Senior House Calls	4811 Harry Hines Blvd.	(214)590-0409



---

**TEXAS HEALTH DALLAS PRESBYTERIAN (214)345-8000**

**Senior Health Clinic Locations**

Central - 8198 Walnut Hill Lane  
Jackson Bldg.

**METHODIST RICHARDSON HEALTH CENTER (972)498-4500**

820 W Arapaho Rd. #200  
Richardson, TX 7508

**BAYLOR SENIOR HEALTHCARE (972)492-6565**

4323 N. Josey Ln., Suite 107  
Carrollton, TX 75010

**Glaucoma Screening**

**CATARACT INSTITUTE OF TEXAS (214)691-1000**

4633 N. Central Expy.  
Dallas, TX 75205

**(214)520-7444**

**(214)443-7522**

**PREVENT BLINDNESS TEXAS (214)528-5521**

3610 Fairmount St.  
Dallas, TX 75219

**Health Screening**

**BAYLOR UNIVERSITY MEDICAL CENTER - BAYLOR 55 PLUS (800)422-9567**

**24 Hrs (214)820-3055**

3500 Gaston Ave.  
Dallas, TX 75246  
www.baylorhealth.com

**DALLAS COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES NURSING DIVISION (214)819-2000**

2377 Stemmons Frwy.  
Dallas, TX 75235  
www.dallascounty.org




---

**PARKLAND SENIOR OUTREACH SERVICES** (214)590-0646

4811 Harry Hines Blvd.  
 Dallas, TX 75235  
[www.parklandhospital.com](http://www.parklandhospital.com)

**URBAN INTER-TRIBAL CENTER HEALTH CLINIC** (214)941-1050

209 E. Jefferson Blvd.  
 Dallas, TX 75203

**Hearing Screening**

**CALLIER CENTER FOR COMMUNICATION DISORDERS** (214)905-3000

1966 Inwood Rd.  
 Dallas, TX 75235  
[www.callier.utdallas.edu](http://www.callier.utdallas.edu)

**Hospital Based Outpatient**

**BAYLOR UNIVERSITY MEDICAL CENTER** (214)820-0111

3500 Gaston Ave.  
 Dallas, TX 75246  
[www.baylorhealth.com](http://www.baylorhealth.com)

**Baylor Senior Health Center Locations:**

Casa Linda/Fair Park  
 2835 Grand Ave.  
 Dallas, TX 75215 (214)421-4411

Garland  
 800 N. Shiloh Rd.  
 Garland, TX 75042 (972)487-5444

Mesquite  
 1650 Republic Parkway, Ste. 150  
 Mesquite, TX 75150 (972)279-7575

---



---

**CHARLTON METHODIST HOSPITAL** (214)947-7777  
3500 W. Wheatland Rd. 24 Hr.  
Dallas, TX 75237  
[www.methodisthealthsystem.org](http://www.methodisthealthsystem.org)

**METHODIST MEDICAL CENTER** (214)947-8181  
1441 N. Beckley Ave. 24 Hr.  
Dallas, TX 75203  
[www.methodisthealthsystem.org](http://www.methodisthealthsystem.org)

**PARKLAND HEALTH AND HOSPITAL SYSTEM** (214)590-8000  
5201 Harry Hines Blvd. 24 Hr.  
Dallas, TX 75235  
[www.parklandhospital.com](http://www.parklandhospital.com)

**PRESBYTERIAN HEALTHCARE SYSTEM** (214)345-6789  
**PRESBYTERIAN HOSPITAL OF DALLAS**  
8200 Walnut Hill Ln.  
Dallas, TX 75231  
[www.phscare.org](http://www.phscare.org)

**UT SOUTHWESTERN UNIVERSITY HOSPITAL -- ST. PAUL** (214)645-5555  
5909 Harry Hines Blvd.  
Dallas, TX 75390  
[www.stpauldallas.com](http://www.stpauldallas.com)

**VETERANS AFFAIRS, DEPT. OF, NORTH TEXAS HEALTH CARE SYSTEM** (214)742-8387  
4500 S. Lancaster Rd.  
Dallas, TX 75216  
[www.north-texas.med.va.gov](http://www.north-texas.med.va.gov)



---

**UT SOUTHWESTERN UNIVERSITY** (214)645-5555  
**HOSPITAL -- ZALE LIPSHY**  
5151 Harry Hines Blvd.  
Dallas, TX 75390  
[www.zluh.org](http://www.zluh.org)

**Physician Referral**

**BAYLOR UNIVERSITY** (800)422-9567  
**MEDICAL CENTER - BAYLOR HELPLINE** (214)820-0111  
3500 Gaston Ave.  
Dallas, TX 75246  
[www.baylorhealth.com](http://www.baylorhealth.com)

**DALLAS COUNTY MEDICAL SOCIETY** (214)948-3622  
140 E. 12th St.  
Dallas, TX 75203  
[www.dallas-cms.org](http://www.dallas-cms.org)

**MEDICARE CONTRACTOR** (800)633-4227  
**INFORMATION LINE**  
PO Box 660156  
Dallas, TX 75266  
(Medicare participating physicians and suppliers directory.)  
[www.medicare.gov/www.trailblazerhealth.com](http://www.medicare.gov/www.trailblazerhealth.com)

**METHODIST HOSPITALS OF DALLAS** (214)947-0000  
**PHYSICIAN REFERRAL SERVICE**  
1441 N. Beckley Ave.  
Dallas, TX 75203

**UT SOUTHWESTERN UNIVERSITY** (214)645-5555  
**HOSPITAL -- ST. PAUL**  
5909 Harry Hines Blvd.  
Dallas, TX 75390  
[www.stpauldallas.com](http://www.stpauldallas.com)



---

## **HEALTH EDUCATION:**

Health education groups provide educational material, information and referral and mutual support groups for individuals who are concerned about or suffering from any of a variety of illnesses or disabilities. These programs teach and encourage a variety of mental and physical preventive techniques such as exercise, fitness, stress management and relaxation.

### **ALZHEIMER'S ASSOCIATION, GREATER (214)827-0062 DALLAS CHAPTER**

#### **ALZHEIMER'S DISEASE RESOURCE CTR.**

4144 N. Central Expressway, #750  
Dallas, TX 75204  
[www.alzdallas.org](http://www.alzdallas.org)

### **AMERICAN CANCER SOCIETY, DALLAS (214)819-1200 METRO**

8900 Carpenter Frwy.  
Dallas, TX 75247  
[www.cancer.org](http://www.cancer.org)

### **AMERICAN DIABETES ASSOCIATION (972)392-1181**

4100 Alpha Rd, Ste. 100  
Dallas, TX 75244  
[www.diabetes.org](http://www.diabetes.org)

### **AMERICAN FOUNDATION FOR THE (214)352-7222 BLIND CENTER ON VISION LOSS**

11030 Ables Lane  
Dallas, TX 75229  
[www.afb.org](http://www.afb.org)

### **AMERICAN HEART ASSOCIATION (214)748-7212 GREATER DALLAS REGION**

8200 Brookriver Dr., Ste. N-100  
Dallas, TX 75247  
[www.americanheart.org/tx/dallas](http://www.americanheart.org/tx/dallas)



---

**AMERICAN LUNG ASSOCIATION (214)631-5864  
OF PLAINS-GULF REGION**

8150 Brookriver Dr., Suite S-102  
Dallas, TX 75247  
[www.lungusa.org](http://www.lungusa.org)

**AMERICAN PARKINSON DISEASE  
ASSOCIATION (214)378-2732**

8330 Meadow Rd.  
Dallas, TX 75231  
[www.northtexasapda.org](http://www.northtexasapda.org)

**AMERICAN RED CROSS DALLAS AREA (214)678-4800  
CHAPTER**

4800 Harry Hines Blvd.  
Dallas, TX 75235  
[www.redcrossdallas.org](http://www.redcrossdallas.org)

**ARTHRITIS FOUNDATION (214)826-4361  
NORTH TEXAS CHAPTER**

4300 MacArthur Ave. #245  
Dallas, TX 75209  
[www.arthritis.org/communities/chapters](http://www.arthritis.org/communities/chapters)

**CROHN'S & COLITIS FOUNDATION OF (972)386-0607  
AMERICA**

12801 N. Central Expwy, #270  
Dallas, TX 75243  
[www.ccfa.org/chapters/ntexas](http://www.ccfa.org/chapters/ntexas)

**DALLAS AREA PARKINSONISM SOCIETY (972)620-7600**

6370 LBJ Frwy, Ste. 176  
Dallas, TX 75240  
[www.daps.us](http://www.daps.us)

**EPILEPSY FOUNDATION OF TEXAS (888)548-9716**

2630 Fountain View Dr., Ste. 210  
Houston, TX 77057

---



---

[www.eftx.org](http://www.eftx.org)

**MUSCULAR DYSTROPHY ASSOCIATION** (972)480-0011

12655 N. Central Expressway, Ste. 230  
Dallas, TX 75243  
[www.mda.org](http://www.mda.org)

**NATIONAL ALLIANCE ON MENTAL ILLNESS - DALLAS (NAMI)** (214)341-7133

2812 Swiss Ave.  
Dallas, TX 75204  
[www.namidallas.org](http://www.namidallas.org)

**NATIONAL KIDNEY FOUNDATION OF TEXAS - GREATER DALLAS COUNTY CHAPTER** (214)351-2393

5429 LBJ Freeway, Suite 25  
Dallas, TX 75240  
[www.nkft.org](http://www.nkft.org)

**RESOURCE CENTER OF DALLAS** (214)528-0144

2701 Reagan St.  
Dallas, TX 75219  
[www.rcdallas.org](http://www.rcdallas.org)

**THE COUNCIL ON ALCOHOL AND DRUG ABUSE** (214)522-8600

1349 Empire Central, Ste. 800  
Dallas, TX 75247  
[www.thecouncil.org](http://www.thecouncil.org)

**HOME DELIVERED MEALS:**

Home delivered meals are usually noon meals delivered to homebound older persons. Check with the program to determine the days of service and eligibility requirements.





---

**AGING INFORMATION OFFICE**

1349 Empire Central, Suite 400  
Dallas, TX 75247

[www.ccgd.org](http://www.ccgd.org)

(Call for information about home delivered meals.)

**2-1-1 or  
(214)379-4636**

**JEWISH FAMILY SERVICE  
GERONTOLOGY**

5402 Arapaho Rd.  
Dallas, TX 75248

[www.jfsdallas.org](http://www.jfsdallas.org)

(Kosher home delivered meals)

**(972)437-9950  
24 Hr.**

**SENIOR ADULT SERVICES  
FOR ADDISON, CARROLLTON,  
COPPELL & FARMERS BRANCH**

One Medical Pkwy. Professional Plaza 1, Ste. 115  
Farmers Branch, TX 75234

[www.senioradultservices.org](http://www.senioradultservices.org)

**(972)242-4464**

**VISITING NURSE ASSOCIATION  
MEALS ON WHEELS**

1440 W. Mockingbird Ln.

Dallas, TX 75247 (mailing)

1600 Viceroy, 4th Floor

Dallas, TX 75247 (corporate office)

[www.vnatexas.org](http://www.vnatexas.org)

**(214)689-2639**

**HOME HEALTH CARE:**

Home health care is offered throughout the community by hospitals, agencies and businesses. These programs make necessary medical and personal care available to the elderly, disabled, ill or convalescing individuals in their own homes. Services are provided by specialists working as a team under the supervision of a physician. The team may consist of nurses, therapists (physical, occupational, speech), nutritionists or health aides depending on the



---

need. Some of these services may be paid for in part by Medicare, Medicaid or private health insurers. Home health agencies are listed in the yellow pages. (For referrals to specific providers, ask your physician or contact the Aging Information Office at 2-1-1 or 214-379-4636.

### **HOMEMAKER ASSISTANCE:**

The programs listed offer the services of trained homemakers who go into the homes of elderly and disabled individuals and assume responsibility for routine household activities including menu planning, shopping, meal preparation and general household management, including light housekeeping.

**COMMUNITY SENIOR SERVICES (214)330-8710  
OF ROSEMONT CHRISTIAN CENTER**

1304 S. Hampton Rd.  
Dallas, TX 75208  
[www.senioraid.org](http://www.senioraid.org)

**HOME INSTEAD SENIOR CARE (972)239-3934**

11909 Prseston Rd., Ste. 212  
Dallas, TX 75230  
[www.centraldallas@homeinstead.com](mailto:www.centraldallas@homeinstead.com)

**JEWISH FAMILY SERVICE (972)437-9950  
GERONTOLOGY 24 Hr.**

5402 Arapaho Rd.  
Dallas, TX 75248  
[www.jfsdallas.org](http://www.jfsdallas.org)

**LONE STAR LOVE AND CARE, INC. (214)575-7992**

13340 Audelia Rd., Ste. 124  
Dallas, TX 75243



---

**METROCREST HOME HELPERS****(972)733-3324**18743 Gibbons Dr.  
Dallas, TX 75287  
www.metrocresthomehelpers.com**RESCARE HOME CARE, TEXAS****(214)951-0698**700 W. Spring Creek Pkwy., Ste. 210  
Plano, TX 75023  
www.ResCareHomeCare.com**SUNSHINE AGENCY CAREGIVING SERVICE****(214)823-9339**6220 Gaston Ave., Suite 504  
Falkner Tower Building  
Dallas, TX 75214**HOSPICE CARE:**

The programs listed provide supportive services for terminally ill people who are in the final stages of their illnesses and for their families. Services may include medical care, pain management, nursing services, case management, counseling and bereavement services.

**AMEDISYS HOME HEALTH****(214)750-5616**10670 N. Central Expwy., #310  
Dallas, TX 75231**COMMUNITY HOSPICE OF TEXAS****(214)920-8450**1341 W. Mockingbird Ln., #210-East  
Dallas, TX 75247  
www.chot.org**GOLDEN ACRES LIVING AND REHABILITATION****(214)327-4503**2525 Centerville Road  
Dallas, TX 75228



---

**HOSPICE COMPASSUS****(972)690-6632**12222 Merit Drive, Ste. 1240  
Dallas, TX 75251**VISITING NURSE ASSOCIATION  
HOSPICE CARE****(214)689-2555**1600 Viceroy  
Dallas, TX 75235  
[www.vnadallas.org](http://www.vnadallas.org)**VISTA CARE FAMILY HOSPICE****(214)231-3914**7557 Rambler Rd., Suite 112  
Dallas, TX 75231  
[www.gentiva.com](http://www.gentiva.com)**VITAS INNOVATIVE HOSPICE CARE****(214)424-5600**8585 N. Stemmons Frwy. #700 South Tower  
Dallas, TX 75247  
[www.vitas.org](http://www.vitas.org)**HOUSING:**

This section contains a variety of housing information for senior citizens and disabled persons. Topics include Local Housing Authorities, Home Rehabilitation/Repairs, HUD Listing, Landlord/Tenant Assistance, Roommate Matching and Subsidized Rental Housing.

**Housing Authorities****DALLAS HOUSING AUTHORITY  
SECTION 8 PROGRAM****(214)951-8300**3939 N. Hampton Rd.  
Dallas, TX 75212  
[www.dallashousing.org](http://www.dallashousing.org)**GARLAND HOUSING AGENCY****(972)205-3393**George Washington Carver Center  
210 Carver St., Suite 201B




---

Garland, TX 75040  
www.ci.garland.tx.us

**GARLAND NEIGHBORHOOD SERVICES (972)205-3310**  
222 B Carver St.  
Garland, TX 75040  
www.ci.garland.tx.us  
Eligibility: City of Garland residents based on income; family size.

**GRAND PRAIRIE HOUSING & NEIGHBORHOOD SERVICES (972)237-8176**  
205 West Church St.  
Grand Prairie, TX 75050  
Eligibility: Section 8 Eligible.

**LANCASTER HOUSING AGENCY (972)275-1750**  
1425 N. Dallas Ave., Ste. 101  
Lancaster, TX 75134

**MESQUITE HOUSING OFFICE (972)216-6424**  
1616 N. Galloway Ave.  
Mesquite, TX 75149  
Eligibility: Mesquite residents age 60 and over. Home must be owned and occupied for at least one year and a minimum of 20 yrs. old. Mesquite resident and low income. Meet eligibility for government subsidized housing.

**VETERANS AFFAIRS, DEPT OF.- (214)742-8387**  
**NORTH TEXAS HEALTH CARE SYSTEM**  
**SUPPORTED HOUSING**  
4500 S. Lancaster Rd.  
Dallas, TX 75216  
www.north-texas.med.va.gov

**Housing Rehabilitation/Repair**  
**CENTER FOR HOUSING RESOURCES (214)887-8700**  
**HOME REPAIR PROGRAM**

---



---

1402 Corinth St., Ste. 221  
Dallas, TX 75215  
www.chrdallas.org

**DALLAS, CITY OF, HOUSING DEPT. (214)670-3644**  
**HOME REPAIR PROGRAM**

1500 Marilla St.,6/D/North  
Dallas City Hall  
www.dallascityhall.com

**DALLAS, CITY OF, HOUSING DEPT. (214)670-7319**  
**PEOPLE HELPING PEOPLE PROGRAM (214)670-7320**

4607 S. Lancaster Rd.  
Dallas, TX 75216  
www.dallascityhall.com

**DALLAS, COUNTY OF, HOUSING (214)653-6884**  
**REPLACEMENT PROGRAM**

411 Elm Street, 3rd Floor  
Dallas, TX 75202  
Eligibility: Any Dallas County resident living in a city with 50,000+  
population.

**GARLAND NEIGHBORHOOD SERVICES (972)205-3310**

222 B Carver Street  
Garland, TX 75040  
www.ci.garland.tx.us  
Eligibility: City of Garland residents based on income; family size.  
Helps seniors with home repairs.

**GRAND PRAIRIE HOUSING & (972)237-8176**  
**NEIGHBORHOOD SERVICES**

205 West Church Street  
Grand Prairie, TX 75050  
Eligibility: Section 8 Voucher Program.



---

**LANCASTER HOUSING AGENCY** (972)218-1230

1425 N. Dallas Ave.  
Lancaster, TX 75134  
Eligibility: Low income and Section 8 eligible.

**MESQUITE HOUSING OFFICE - HOME REPAIR PROGRAM** (972)216-6425

1616 North Galloway Ave.  
Mesquite TX 75149  
Eligibility: Mesquite residents ages 60 and over. Home must be owned and occupied for at least two years.

**SENIOR ADULT SERVICES FOR ADDISON, CARROLLTON, COPPELL & FARMERS BRANCH** (972)242-4464

One Medical Pkwy. Professional Plaza 1, Ste. 115  
Farmers Branch, TX 75234  
[www.senioradultservices.org](http://www.senioradultservices.org)  
Eligibility: Participants must live in Addison, Carrollton, Coppell or Farmers Branch. Most services are for persons 60 and older and those with disabilities.

**HUD Listings**

**DALLAS COUNTY DEPT OF HEALTH & HUMAN SERVICES -- HOUSING PROGRAM** (214)819-1871

2377 North Stemmons Frwy  
Dallas, TX 75207  
[www.dallascounty.org](http://www.dallascounty.org)

**U.S. DEPT OF HOUSING & URBAN DEVELOPMENT REGIONAL OFFICE** (817)978-5965

801 Cherry Street, Unit #45, Suite 2500  
Ft. Worth, TX 76102  
[www.hud.gov](http://www.hud.gov)

**VETERANS AFFAIRS, DEPT OF- NORTH TEXAS HEALTH CARE SYSTEM** (214)742-8387

---



---

**SUPPORTED HOUSING**

4500 S. Lancaster Rd.  
Dallas, TX 75216  
[www.north-texas.med.va.gov](http://www.north-texas.med.va.gov)

**Landlord/Tenant Assistance****HOUSING CRISIS CENTER (214)828-4244**

4210 Junius St.  
Dallas, TX 75246  
[www.hccdallas.org](http://www.hccdallas.org)

**LEGAL AID OF NORTHWEST TEXAS (214)748-1234**

1515 Main St.  
Dallas, TX 75201  
[www.lanwt.org](http://www.lanwt.org)

**TEXAS TENANTS' UNION (214)823-2733**

4228 Main St.  
Dallas, TX 75226  
[www.txtenants.org](http://www.txtenants.org)

**Roommate Matching****SHARED HOUSING CENTER (214)821-8510**

402 N. Good Latimer Expressway  
Dallas, TX 75204  
[www.sharedhousing.org](http://www.sharedhousing.org)

**Subsidized Rental Housing****BRANDYWINE APARTMENTS (972)669-8168**

500 Rockingham Ln.  
Richardson, TX 75080

**CASA TREVINO HOME (214)946-6410**

1901 W. Davis St.  
Dallas, TX 75208

**CEDAR GREEN LIVING CENTER (972)224-9291**

1020 Pecan Crossing Dr.

---





DeSoto, TX 75115

**CHARLES HADDOCK APARTMENTS (972)286-5358**

11900 Quail Dr.  
Balch Springs, TX 75180

**CRESCENT MANOR APARTMENTS (972)289-7354**

1409 Range Dr.  
Mesquite, TX 75149

**DALLAS COUNTY DEPT. OF HEALTH (214)819-1871  
AND HUMAN SERVICES - HOUSING PROGRAM**

2377 N. Stemmons Freeway, #700  
Dallas, TX 75207  
www.dallascounty.org

**DALLAS HOUSING AUTHORITY**

www.dallashousing.org

**Apartments for the Elderly**

Audelia Manor	10025 Shoreview Rd.	(214)340-8958
Brooks Manor	630 Llewellyn Ave.	(214)942-1639
Buckner Village	1810 John West @ Buckner	(214)324-1479
Cliff Manor	2423 Ft. Worth Ave.	(214)943-5911
Forest Green	9730 Shepherd Rd.	(214)349-8110
Lakeland Manor	3105 Peavy Rd.	(214)324-3895
Park Manor	3333 Edgewood St.	(214)421-5123

**DICKINSON PLACE (214)821-5390**

911 St. Joseph St.  
Dallas, TX 75246

**ECHAD APARTMENTS - PHASE I & II (214)321-2130**

2620 Ruidosa Ave.  
Dallas, TX 75228

**FRIENDSHIP TOWERS, INC. (214)330-7764**

3033 S. Cockrell Hill Rd.  
Dallas, TX 75236



---

**GARLAND ESTATES FOR SENIORS** (972)276-8882  
2100 W. Buckingham Rd.  
Garland, TX 75042

**GREATER BETHLEHEM PLAZA** (214)275-4722  
7835 Military Parkway, Apt. 100  
Dallas, TX 75227

**INDEPENDENT LIVING PLACE** (972)240-7782  
648 Castleglen Dr.  
Garland, TX 75043

**JULIETTE FOWLER  
CHRISTIAN APARTMENTS** (214)821-4061  
105 Juliette Fowler St.  
Dallas, TX 75214

**LENNOX HOUSE** (972)263-8420  
110 N.W. 2nd St.  
Grand Prairie, TX 75050

**MIDPARK TOWERS** (972)231-7834  
8550 Midpark Rd.  
Dallas, TX 75240

**PARK GROVE VILLAGE** (972)790-9704  
2920 W. Shady Grove Rd.  
Irving, TX 75060

**PRAIRIE CREEK VILLAGE** (214)388-0407  
9215 Bruton Rd.  
Dallas, TX 75217

**PYTHIAN MANOR, INC.** (214)374-3334  
2719 E. Illinois Ave., Suite 100  
Dallas, TX 75216

---



---

**SEAGOVILLE SENIOR CITIZENS HOME** (972)287-6271  
205 Mathis St.  
Seagoville, TX 75159

**SHILOH VILLAGE APARTMENTS** (214)328-2632  
8702 Shiloh Rd.  
Dallas, TX 75228

**SUNRAY COMMUNITY** (972)235-8838  
2129 East Arapaho Rd.  
Richardson, TX 75081

**TYLER STREET MANOR, INC.** (214)948-1475  
922 W. 9th St.  
Dallas, TX 75208

**VILLAS OF HICKORY ESTATES** (972)913-0711  
3211 Hickory Tree  
Balch Springs, TX 75180

**VILLA SANTA MARIA** (214)826-7863  
1830 Bennett Ave.  
Dallas, TX 75206

**Weatherization**

**DALLAS COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES** (214)819-1909  
**WEATHERIZATION PROGRAM**  
2377 Stemmons Frwy., 2nd Floor  
Dallas, TX 75207  
[www.dallascounty.org](http://www.dallascounty.org)

**INCOME SECURITY:**

The programs listed provide income or other public benefits to retirees, older adults and disabled people.



**Disability Insurance - Social Security**

**SOCIAL SECURITY ADMINISTRATION (800)772-1213**

**TELESERVICE CENTER**

(Call for information about Social Security, Medicare and Supplemental Security Income)

[www.ssa.gov](http://www.ssa.gov)

**Disability Insurance - Veterans**

**DALLAS COUNTY VETERANS SERVICE (972)692-4939 OFFICE**

2377 N. Stemmons Frwy., Suite 631 - Box 1

Dallas, TX 75207-2710

[www.dallascounty.org](http://www.dallascounty.org)

**VETERANS AFFAIRS, U.S. DEPT. OF (800)827-1000**

4500 South Lancaster Rd.

**(214)742-8387**

Dallas, TX 75216

[www.va.gov](http://www.va.gov)

**Food Stamps, Medicaid and CCAD Application Sites**

**Texas Health and Human Services Commission**

[www.hhsc.state.tx.us/regions/03](http://www.hhsc.state.tx.us/regions/03)

1228-A E. Ledbetter Dr. 75216 (214)372-4671

1111 W. Ledbetter Dr., Ste 400 75224 (214)372-6370

5455 Blair Rd. 75231 (214)750-4619

3910 Gaston Ave. #200 75246 (214)827-5210

440 S. Nursery, Ste 200, Irving 75061 (972)579-3080

1010 Cadiz St., Bldg. B 75215 (214)421-7722

2020 N. Masters Dr., Ste., 110 75217 (972)216-0087

302 W. 9th St. 75208 (214)942-2323

1467 Acton Ave., Duncanville 75137 (972)228-2583

801 W. Freeway, Ste 300, Grand Prairie 75051 (972)337-6100

6500 Northwest Dr., Ste 300, Mesquite 75150 (972)681-9778

2020 N. Masters 75217 (972)216-0398

3306 W. Walnut St., Ste 200, Garland 75042 (972)272-0889

1545 W. Mockingbird, Ste. 2000 (214)638-7575

Oakbrook Plaza Tower, 75235



---

10939-B Shady Trail, 75220

(214)351-6231

**Temporary Financial Aid**

**AGING INFORMATION OFFICE**

**2-1-1 or**

1349 Empire Central Dr., Suite 400

**(214)379-4636**

Dallas, TX 75247

[www.ccgd.org](http://www.ccgd.org)

(Referrals to local agencies that provide emergency financial and food assistance)

**DALLAS COUNTY DEPARTMENT OF  
HEALTH & HUMAN SERVICES**

**(214)819-1848**

Comprehensive Energy Assistance Program (CEAP)

2377 N. Stemmons Frwy., Suite 201

Dallas, TX 75207

[www.dallascounty.org](http://www.dallascounty.org)

(Energy assistance with electric and gas bills)

**DALLAS COUNTY DEPARTMENT OF  
HEALTH & HUMAN SERVICES - COUNTY CLIENT  
SERVICES DEPT.**

**(214)819-1800**

2377 N. Stemmons Frwy., Suite 201

Dallas, TX 75207

[www.dallascounty.org](http://www.dallascounty.org)

(Medically disabled only with a current doctor's statement and no household income. Call to make an appointment)

**LEGAL INFORMATION:**

Legal information services inform people of the rights and responsibilities of individuals under the law. They can help a person determine whether they have a legal problem and refer them to legal aid organizations for low income clients or to local attorneys in private practice when appropriate.

**Lawyer Referral**

**DALLAS BAR ASSOCIATION**

**(214)220-7444**

**LAWYER REFERRAL SERVICE**

---



---

2101 Ross Ave.  
Dallas, TX 75201  
[www.dallasbar.org](http://www.dallasbar.org)

**STATE BAR OF TEXAS LAWYER REFERRAL SERVICE** (800)204-2222

1414 Colorado  
Austin, TX 78701  
[www.texasbar.com](http://www.texasbar.com)

**Legal Counseling**

**CENTRAL LINE OF NORTH TEXAS** (214)744-5277

1515 Main St.  
Dallas, TX 75201  
[www.lanwt.org](http://www.lanwt.org)

**LEGAL AID OF NORTHWEST TEXAS DALLAS VOLUNTEER ATTORNEY PRGM** (214)742-5768

1515 Main St.  
Dallas, TX 75201  
[www.lanwt.org](http://www.lanwt.org)

**LEGAL HOSPICE OF TEXAS** (214)521-6622

3636 N. Hall St., Ste. 820  
Dallas, TX 75219  
[www.legalhospice.org](http://www.legalhospice.org)

**NORTH TEXAS LEGAL SERVICES** (214)824-2533

Grace United Methodist Church  
4105 Junius St.  
Dallas, TX 75246  
(1st and 3rd Thurs. @ 6pm)

**SOUTHERN METHODIST UNIVERSITY DEDMAN SCHOOL OF LAW** (214)768-2562

**SMU CIVIL/CRIMINAL JUSTICE CLINICS**  
3315 Daniel Ave.  
Dallas, TX 75275

---



---

[www.law.smu.edu/clinics](http://www.law.smu.edu/clinics)

### **Legal Information Line**

**DALLAS BAR ASSOCIATION** (214)220-7476  
**LEGAL ADVICE INFORMATION LINE**

2101 Ross Ave.  
Dallas, TX 75201  
[www.dallasbar.org](http://www.dallasbar.org)

**LEGAL HOTLINE FOR TEXANS** (800)622-2520

815 Brazos, Ste. 1100  
Austin, TX 78701  
[www.tlsc.org/hotline.html](http://www.tlsc.org/hotline.html)

**LEGAL AID OF NORTHWEST TEXAS** (214)744-5277  
**LEGAL ADVICE AND REFERRAL SERVICE**

1515 Main St.  
Dallas, TX 75201  
[www.lanwt.org](http://www.lanwt.org)

### **Mediation**

**BETTER BUSINESS BUREAU OF** (214)220-2000  
**METROPOLITAN DALLAS**

1601 Elm St. #3838  
Dallas, TX 75201  
[www.dallas.bbb.org](http://www.dallas.bbb.org)

**DISPUTE MEDIATION SERVICE INC.** (214)754-0022

4144 N. Central Expwy., Ste. 1010  
Dallas, TX 75204  
[www.dms-adr.org](http://www.dms-adr.org)

### **LEISURE ACTIVITIES:**

Community colleges and cultural activities are great for continuing your education and broadening your horizons. Check the local college in your area. A recent amendment to the Texas Education Code allows an institution to provide six credit hours of study each



semester to senior citizens, tuition free, if space is available in person 65 years of age or older.

### **Continuing Education**

#### **DALLAS COUNTY COMMUNITY COLLEGE DISTRICT**

[www.dcccd.edu](http://www.dcccd.edu)

#### **Continuing Education/Campus Locations**

Brookhaven	3939 Valley View Ln. Farmers Branch, 75244	(972)860-4700
Cedar Valley	3030 North Dallas Ave. Lancaster, 75134	(972)860-8210
Eastfield	3737 Motley Dr. Mesquite, 75150	(972)860-7113
El Centro	801 Main St. Dallas, 75202	(214)860-2147
MountainView	4849 W. Illinois Ave. Dallas, 75211	(214)860-8612
North Lake	5001 N. MacArthur Blvd. Irving, 75038	(972)273-3386
Richland	12800 Abrams Rd. Dallas, 75243	(972)238-6144

#### **ROADSCHOLAR**

11 Avenue de Lafayette  
Boston, MA 02111  
[www.roadscholar.org](http://www.roadscholar.org)

**(617)426-7788**

**(877)426-8056**

#### **SENIOR NET of DALLAS**

4847 W. Lawther Dr.  
Dallas, TX 75214

**(214)841-2818**

### **Cultural Enrichment**

#### **ARTREACH - DALLAS, INC.**

2800 N. Henderson, Ste. 102  
Dallas, TX 75206  
[www.artreachdallas.org](http://www.artreachdallas.org)

**(214)219-2006**





---

**GREATER LAKEWOOD  
SHEPHERD'S CENTER**

**(214)823-2588**

6306 Kenwood Ave.  
Dallas, TX 75214

**SHEPHERD'S CENTER OF  
NORTH DALLAS**

**(214)350-0465**

6411 LBJ Freeway  
Dallas, TX 75240  
[www.scnd.org](http://www.scnd.org)

**Library Services**

**PUBLIC LIBRARY, CITY OF DALLAS**

**(214)670-1400**

1515 Young St.  
Dallas, TX 75201  
(Call for branch locations.)  
[www.dallaslibrary2.org](http://www.dallaslibrary2.org)  
Contact local suburbs for library services.

**Recreational Activities**

Recreational activities for those over 55 can be both healthy and fun.

**CALUMET COMMUNITY CENTER**

**(214)467-1966**

321-A Calumet Ave  
Dallas, TX 75211

**CARROLLTON SENIOR CENTER**

**(972)466-4850**

1720 Keller Springs Rd.  
Carrollton, TX 75006  
[www.ci.carrollton.tx.us](http://www.ci.carrollton.tx.us)

**CITY OF DALLAS PARK &  
RECREATION DEPARTMENT  
BACHMAN THERAPEUTIC REC. CENTER**

**(214)670-6266**




---

2750 Bachman Dr.  
 Dallas, TX 75220  
[www.dallascityhall.com](http://www.dallascityhall.com)

**CITY OF DALLAS PARK & RECREATION DEPARTMENT** (214)670-6597  
**MARCUS ANNEX SENIOR CENTER**  
 2910 Modella Ave.  
 Dallas, TX 75229  
[www.dallascityhall.org](http://www.dallascityhall.org)

**DALLAS BETHLEHEM CENTER, INC.** (214)428-5171  
 4410 Leland Ave.  
 Dallas, TX 75215  
[www.dallasbethlehemcenter.org](http://www.dallasbethlehemcenter.org)

**DALLAS LIGHTHOUSE FOR THE BLIND** (214)821-2375  
**INDEPENDENT LIVING REHABILITATION**  
 4306 Capitol Ave.  
 Dallas, TX 75204  
[www.dallaslighthouse.org](http://www.dallaslighthouse.org)

**FARMERS BRANCH SENIOR CENTER** (972)919-8740  
 14055 Dennis Ln.  
 Farmers Branch, TX 75234  
[www.ci.farmers-branch.tx.us](http://www.ci.farmers-branch.tx.us)

**IRVING-HERITAGE SENIOR ACTIVITY CENTER** (972)721-2496  
 200 S. Jefferson St.  
 Irving, TX 75060  
[www.ci.irving.tx.us](http://www.ci.irving.tx.us)

**RICHARDSON, CITY OF, OLDER ADULT PROGRAM** (972)744-7800  
 820 W. Arapaho Rd.  
 Richardson, TX 75080

---



www.cor.net

**ROWLETT COMMUNITY CENTER** (972)412-6170  
 5300 Main St.  
 Rowlett, TX 75088  
 www.ci.rowlett.tx.us

**RUTHERFORD SENIOR CENTER** (972)216-7790  
**MESQUITE**  
 900 Rutherford Dr.  
 Mesquite, TX 75149  
 www.cityofmesquite.com/parks/senior

**SEAGOVILLE SENIOR CENTER** (972)287-4113  
 304 E. Farmers Rd.  
 Seagoville, TX 75159  
 www.cityofseagoville.org

**YWCA of METROPOLITAN DALLAS** (214)826-9922  
 4144 N. Central Expressway, Ste. 580  
 Dallas, TX 75204  
 www.ywcadallas.org

**Local Park and Recreation Centers:**

Contact your local park and recreation dept for a list of activities and special events in your community.

Balch Springs	4372 Shepard Ln.	(972)557-6090
Carrollton	1610 E. Cosby Rd.	(972)466-3080
Cedar Hill	310 E. Parkerville Rd.	(972)293-5288
Dallas	1500 Marilla St.	(214)670-4100
DeSoto	211 E. Pleasant Run Rd.	(972)230-9650
Duncanville	201 James Collins Blvd.	(972)780-5070
Farmers Branch	13000 William Dodson Parkway	(972)919-2620
Garland	634 Apollo	(972)205-2750
Grand Prairie	326 W. Main St.	(972)237-8100
Irving	825 W. Irving Blvd.	(972)721-2501
Lancaster	1700 Veterans Memorial Pkwy.	(972)227-1112



---

Mesquite	PO Box 850137	(972)216-6260
Richardson	PO Box 830309	(972)744-4300

## **MEDICAL ALERT/EMERGENCY RESPONSE SERVICES:**

Emergency call systems link older persons to a local hospital emergency center, local nursing home or other emergency response service by means of an alarm worn by the older person. Some local contacts you can call are:

**AMERICAN RED CROSS** (214)678-4800  
4800 Harry Hines Blvd.  
Dallas, TX 75235  
[www.redcrossdallas.org](http://www.redcrossdallas.org)

**JEWISH FAMILY SERVICE** (972)437-9950  
**GERONTOLOGY** 24Hr  
5402 Arapaho Rd.  
Dallas, TX 75248  
[www.jfsdallas.org](http://www.jfsdallas.org)

**LIFELINE SYSTEMS OF TEXAS** (888)877-4895  
10707 Corporate Dr. Ste., 131  
Stafford, TX 77477  
[www.lifelinesys.com](http://www.lifelinesys.com)

**OUTREACH HEALTH SERVICES OF NORTH TEXAS** (972)840-7360  
**EMERGENCY ALERT RESPONSE**  
2441 Forest Lane, Ste. 101  
Garland, TX 75042  
[www.outreachhealth.com](http://www.outreachhealth.com)

**TEXAS HEALTH AND HUMAN SERVICES** (972)795-6500  
**COMMUNITY CARE FOR AGED &** (888)337-6377  
**DISABLED ADULT (CCAD)**



---

801 S. State Hwy. 161, Ste. 700  
Grand Prairie, TX 75051  
www.hhsc.state.tx.us

### **MEDICARE/MEDICAID INFORMATION:**

Medicare is an insurance program that depends on contributions to Social Security while employed. In most instances Medicare does not pay 100% leaving clients to pay the balance. There are programs available to help senior citizens cover the gap. Medicare Supplemental Policies or Medigap Insurance, as it is also called, helps pay the portion left after Medicare has paid its portion.

To apply for Medicare contact the Social Security Administration at 1-800-772-1213.

For questions about Medicare Benefits contact: 1-800-Medicare.

#### **Medicare Information - Claims**

**TRAILBLAZERS** (800)633-4227  
**HEALTH ENTERPRISES**  
PO Box 660156  
Dallas, TX 75266  
(questions related to Medicare part A and B)  
www.trailblazerhealth.com

#### **Medicare Supplemental Insurance Guide**

**TEXAS DEPARTMENT OF INSURANCE** (800)252-3439  
333 Guadalupe St.  
Austin, TX 78701  
www.tdi.texas.gov

#### **Qualified Medicare Beneficiary and Specified Low-Income Beneficiary Benefits**

Qualified Medicare Beneficiary, Specified Low-Income Beneficiary and Qualified Individuals-1 programs assist in paying for premiums and deductibles not met by Medicare. Income and resource limits



---

apply.

**TEXAS HEALTH AND  
HUMAN SERVICES COMMISSION**

**(972)337-6100**

801 S. State Hwy. 161, Ste. 700  
Grand Prairie, TX 75051  
www.hhsc.state.tx.us

**Medicaid/Supplemental Security Income (SSI)  
Applications**

To request an application contact the Social Security  
Administration at 1-800-772-1213.

Medicaid is a companion medical assistance program to  
Supplemental Security Income (SSI). Individuals who qualify  
for SSI are automatically eligible for Medicaid. To be eligible, a  
person must be 65, blind, or disabled.

**SOCIAL SECURITY ADMINISTRATION (800)772-1213**

www.ssa.gov

**MENTAL HEALTH:**

The programs listed provide preventive, diagnostic and treatment  
services to help people achieve and maintain a state of emotional  
well-being.

**Adult Outpatient**

**ADAPT OF TEXAS**

**(888)905-0595**

2600 N. Stemmons Fwy., Ste. 151  
Dallas, TX 75207  
www.adaptusa.com

**ADAPT OF TEXAS**

**(877)315-0488**

800 W. Airport Frwy., Ste. 430  
Irving, TX 75062 (Administration)

**Counseling - Individual**

**CALLIER CENTER FOR  
COMMUNICATION DISORDERS**

**(214)905-3000**



---

**CALLIER CENTER CLINIC**

1966 Inwood Rd.  
Dallas, TX 75235  
[www.callier.utdallas.edu](http://www.callier.utdallas.edu)

**CATHOLIC CHARITIES-CHILDREN AND (214)520-6590  
ADOPTION SERVICES & COMMUNITY  
OUTREACH**

9461 LBJ, Suite 110  
Dallas, TX 75243  
[www.catholiccharitiesdallas.org](http://www.catholiccharitiesdallas.org)

**CHILD AND FAMILY (214)351-3490  
GUIDANCE CENTER**

8915 Harry Hines Blvd.  
Dallas, TX 75235  
[www.childrenandfamilies.org](http://www.childrenandfamilies.org)

**CHRISTIAN WORKS FOR CHILDREN (972)960-9981**

6320 LBJ Frwy., Suite 126  
Dallas, TX 75240  
(Grief counseling for children, adults and across the  
board counseling)  
[www.christian-works.org](http://www.christian-works.org)

**COUNSELING INSTITUTE (972)271-4300  
OF TEXAS**

3200 Southern Dr., Ste. 100  
Garland, TX 75043

**GALAXY COUNSELING CENTER (972)272-4429**

1025 S. Jupiter Rd.  
Garland, TX 75042  
[www.galaxycounseling.org](http://www.galaxycounseling.org)

**RAPHA CHRISTIAN COUNSELING (972)257-0449  
CENTERS**




---

3021 Gateway Dr., Suite 290  
Irving, TX 75063  
www.rapha.info

**JEWISH FAMILY SERVICE** (972)437-9950  
**GERONTOLOGY** 24 Hr.  
5402 Arapaho Rd.  
Dallas, TX 75248  
www.jfsdallas.org

**PASTORAL COUNSELING AND** (214)526-4525  
**EDUCATION CENTER** 24/Hr.  
4525 Lemmon Ave., # 200  
Dallas, TX 75219  
www.pcec-counseling.org

**Crisis Intervention**

**ADAPT OF TEXAS** (866)260-8000  
5701 Maple, Ste. 300 24 Hr.  
Dallas, TX 75235  
<http://adaptusa.com>

**CONTACT COUNSELING & CRISIS LINE** (972)233-2233  
PO Box 800742 24 Hr.  
Dallas, TX 75380-0742  
<http://contactcrisisline.org>

**PARKLAND VICTIM INTERVENTION** (214)590-0430  
**AND RAPE CRISIS CENTER** 24 Hr.  
4811 Harry Hines Blvd.  
Dallas, TX 75235  
[www.parklandhospital.com/medical\\_services/vip\\_rape\\_crisis](http://www.parklandhospital.com/medical_services/vip_rape_crisis)

**SUICIDE AND CRISIS** (214)828-1000  
**CENTER** 24 Hr.  
2808 Swiss Ave.  
Dallas, TX 75204  
[www.sccenter.org](http://www.sccenter.org)

---





---

### **Mental Health Courts**

**DALLAS COUNTY** (214)653-7485  
**MENTAL ILLNESS COURT**  
500 Main St., Records Bldg., 3rd Floor  
Dallas, TX 75202  
[www.dallascounty.org](http://www.dallascounty.org)

### **Psychiatric Day Treatment**

**BAYLOR UNIVERSITY** (800)422-9567  
**MEDICAL CENTER**  
**PSYCHIATRIC REFERRAL SERVICE**  
3500 Gaston Ave.  
Dallas, TX 75246  
[www.baylorhealth.com](http://www.baylorhealth.com)

**TIMBERLAWN MENTAL HEALTH** (214)381-7181  
**SYSTEM-PARTIAL PROGRAM**  
6333 Forest Park Rd.  
Dallas, TX 75235  
[www.timberlawn.com](http://www.timberlawn.com)

### **NURSING FACILITY INFORMATION:**

Inpatient nursing facilities provide personal and nursing care. For a list of nursing facilities in Dallas County contact New Lifestyles. New Lifestyles is an area guide to Senior Residences.

### **Nursing Facilities**

**NEW LIFESTYLES** (800)869-9549  
4144 N. Central Expwy., Suite 1000  
Dallas, TX 75204

[www.newlifestyles.com](http://www.newlifestyles.com)  
(For a complete listing of Nursing Homes)

### **Nursing Facility Medicaid Prior Authorization**

**TEXAS HEALTH AND HUMAN** (972)337-6100  
**SERVICES COMMISSION**

---



---

**NURSING HOME MEDICAID ELIGIBILITY**

801 S. State Hwy. 161, Ste. 700  
Grand Prairie, TX 75051  
www.hhsc.state.tx.us

**Resident Rights (Ombudsman Programs)**

**SENIOR SOURCE, THE (214)823-5700**  
**NURSING HOME OMBUDSMAN PROGRAM**

3910 Harry Hines  
Dallas, TX 75219  
www.theseniorsource.org

**PET SERVICES:**

**ANIMAL RESCUE LEAGUE (972)420-0641**

S.T.O.P. the Overpopulation of Pets Spay/Neuter Assistance Program. Financial assistance to pet adopters and owners. Spay/Neuter coupons.  
www.arltexas.org  
stopprogram@arltexas.org

**CITY OF DALLAS SPAY/NEUTER ASSISTANCE PROGRAM (214)670-8246**

1818 N. Westmoreland Rd.  
Dallas, TX 75212  
www.dallasanimalservices.org  
(Free spay/neuter services for pets owned by qualified, low-income residents who live in the city of Dallas)

**FERAL FRIENDS COMMUNITY (972)671-0429**  
**CAT ALLIANCE**

(Race to Reduce Litters Feral Cat Spay/Neuter Program promotes TNR (Trap, Neuter, Return). Loans humane feral cat traps, provides vouchers for low to no cost spay/neuter services, and a list of veterinarians.  
info@feralfriends.org or feral@feralfriends.org



---

**HELP FOR HELPLESS ANIMALS** (972)424-4860

(Provides financial assistance with medical and spay/neuter for family pets and feral cats. No cost for qualified pet owners)

[www.helpforthehelplessanimals.net](http://www.helpforthehelplessanimals.net)

[help\\_for\\_helpless\\_animals@yahoo.com](mailto:help_for_helpless_animals@yahoo.com)

**KAUFMAN COUNTY ANIMAL AWARENESS PROJECT** 1(972)472-3500

Low cost spay/neuter clinic which provides pet sterilization and vaccinations. Also has a TNR-Trap/Neuter/Release Program for Feral cats. Service area all of Texas.

[www.spayneuternet.org](http://www.spayneuternet.org)

**KITTICO CAT RESCUE** (214)826-6903

**Dallas Spay/Neuter Clinic**

2520 Electronic Lane, Ste. 803

Dallas, TX 75220

Provides low-cost spay/neuter assistance and trap rentals.

[info@kittico.org](mailto:info@kittico.org)

[www.kittico.org](http://www.kittico.org)

**METROPLEX ANIMAL COALITION**

P.O. Box 793574

Dallas, TX 75379

[www.metroplexanimalcoalition.org](http://www.metroplexanimalcoalition.org)

**MAC'S SPAY AND NEUTER PROGRAM** (972)669-5000

(Free spay or neuter coupons for City of Dallas residents with income less than \$35,000 annually. No feral cats.)

[info@metroplexanimalcoalition.com](mailto:info@metroplexanimalcoalition.com)

**PROTECTIVE ANIMAL LEAGUE (PAL)** (972)881-1981

Low cost spay/neuter coupons.

(817)679-0817

[www.protectiveanimalleague.org](http://www.protectiveanimalleague.org)

**S.N.Y.P. SPAY NEUTER YOUR PETS** (214)349-7697

Reduced price coupons & veterinarian list mailed to you.

---



---

www.dfwsnyp.com

**SPCA of TEXAS**

**(214)651-9611**

www.sPCA.org

**RESPIRE CARE:**

The following provide "short term respite care" to assist families with their loved ones when needed. Please call for program criteria and costs.

**C C YOUNG**

**(214)827-8080**

4847 West Lawther Dr. #100  
Dallas, TX 75214

**EMERITUS at VICKERY TOWERS**

**214)826-1113**

5619 Belmont Ave.  
Dallas, TX 75206

**PRESBYTERIAN VILLAGE NORTH**

**(214)355-9015**

8600 Skyline Dr.  
Dallas, TX 75243

**SIGNATURE POINTE ON THE LAKE**

**(972)726-7575**

14655 Preston Rd.  
Dallas, TX 75254

**THE FORUM AT PARK LANE**

**(214)369-9905**

7827 Park Lane  
Dallas, TX 75225

**WALNUT PLACE**

**(214)361-8923**

5515 Glen Lakes Dr.  
Dallas, TX 75231

**SAFETY:**

Free smoke detectors to city of Dallas residents.



---

**CITY OF DALLAS****(214)670-4319**

1551 Baylor St.  
Dallas, TX 75201

**SENIOR CENTERS:**

Neighborhood centers provide senior citizens (aged 60 and older) with daily programs including: noon meals, recreation, education, social services, nutrition, welfare counseling, and information and referral, as well as nurse-managed health maintenance clinics. Transportation and outreach are provided in target areas.

**ALAMEDA HEIGHTS COMMUNITY  
OUTREACH CENTER****(214)372-4620**

2721 Lyola St.  
Dallas, TX 75241

**BALCH SPRINGS SENIOR CENTER****(972)286-9317**

2919 Balch Springs Rd.  
Balch Springs, TX 75180  
[www.balchspringsleisureservices.com](http://www.balchspringsleisureservices.com)

**BRADY SOCIAL SERVICE CENTER****(214)826-8330**

4009 Elm St.  
Dallas, TX 75226

**CARROLLTON SENIOR CENTER****(972)466-4850**

1720 Keller Springs Rd.  
Carrollton, TX 75006

**CEDAR CREST SENIOR CENTER****(214)941-7404**

Salvation Army Building  
1007 Hutchins Rd.  
Dallas, TX 75203

**CONCORD SENIOR CENTER****(214)331-8522**

6808 Pastor Bailey Dr.  
Dallas, TX 75237

**ext. 260**



---

**DEAF ACTION CENTER** (214)521-0407

3115 Crestview  
Dallas, TX 75235

**DESOTO SENIOR ACTIVITY CENTER** (972)230-5825

204 Lion St.  
DeSoto, TX 75115

**DUNCANVILLE SENIOR CENTER** (972)780-5073

206 James Collins Blvd.  
Duncanville, TX 75116

**ELITE SENIOR CENTER** (214)575-9888

902 St. Paul  
Richardson, TX 75081

**ELMWOOD/KING NEW  
BEGINNING SENIOR CENTER** (214)330-7144

1315 S. Berkley Ave.  
Dallas, TX 75224

**EMERITUS CENTER AT MOUNTAIN  
VIEW COLLEGE** (214)819-1860

4849 W. Illinois Ave., Rm. W124  
Dallas, TX 75211

**EVANS SENIOR CENTER-MESQUITE** (972)285-6761

1116 Hillcrest St.  
Mesquite, TX 75149  
P. O. Box 850137 (mailing address)  
Mesquite, TX 75185

**GARLAND SENIOR ACTIVITY CENTER** (972)2052769

600 W. Avenue A  
Garland, TX 75040  
[www.garlandparks.com](http://www.garlandparks.com)



---

**GARLAND CARVER SENIOR CENTER** (972)205-3305

222 Carver Dr.  
Garland, TX 75040

**GREATER LAKEWOOD SHEPHERD'S CENTER** (214)823-2588

6306 Kenwood  
Dallas, TX 75214

**GOLDEN ACRES COMMUNITY CENTER** (214)328-4341

2649 Centerville Rd.  
Dallas, TX 75228

**GOODBAR SENIOR CENTER - MESQUITE** (972)279-6881

3000 Concord Dr.  
Mesquite, TX 75150

**HUTCHINS SENIOR CENTER** (972)225-1032

500 W. Hickman St.  
Hutchins, TX 75141  
P. O. Box 754 (mailing address)

**IRVING-HERITAGE SENIOR ACTIVITY CENTER** (972)721-2496

200 S. Jefferson St.  
Irving, TX 75060

**JEFFERSON SENIOR CENTER** (214)943-3304

1617 W. Jefferson Blvd.  
Dallas, TX 75208

**JEWISH FEDERATION OF GREATER DALLAS** (214)239-7119

**JEWISH COMMUNITY CENTER OF DALLAS**

7900 Northaven Rd.  
Dallas, TX 75230



---

**LANCASTER SENIOR LIFE CENTER** (972)218-3780

240 Veteran's Memorial Pkwy.  
Lancaster, TX 75134

**MARILLAC SOCIAL CENTER** (214)638-4998

2827 Lapsley St.  
Dallas, TX 75212

**MARTIN LUTHER KING, JR  
SENIOR CENTER** (214)670-8169

2901 Pennsylvania Ave.  
Dallas, TX 75215

**PLEASANT GROVE SENIOR CENTER** (214)398-5215

7224 Umphress Rd.  
Dallas, TX 75217

**RUTHERFORD SENIOR CENTER** (972)216-7791

900 Rutherford Dr.  
Mesquite, TX 75149

**SEAGOVILLE SENIOR CENTER** (972)287-4113

304 E. Farmers Rd.  
Seagoville, TX 75159  
[www.seagoville.us](http://www.seagoville.us)

**SUNSHINE SENIOR CENTER** (214)398-6619

Salvation Army Pleasant Grove  
8341 Elam Rd.  
Dallas, TX 75217

**THE SUMMIT** (972)237-4141

2975 Esplanade  
Grand Prairie, TX 75052  
[www.grandfungp.com/thesummit](http://www.grandfungp.com/thesummit)





---

**WESLEY-RANKIN COMMUNITY CENTER (214)742-6674**

3100 Crossman Ave.  
Dallas, TX 75212  
[www.wesleyrankin.org](http://www.wesleyrankin.org)

**WEST DALLAS/NORTH DALLAS SENIOR  
CENTERS (214)670-6350**

2828 Fishtrap Rd.  
Dallas, TX 75212

**SUPPORT GROUPS:**

Autonomous groups of individuals who share a common problem or concern who meet together on a voluntary basis for support.

**AL-ANON/ALATEEN INFORMATION (214)363-0461  
SERVICES**

6162 E. Mockingbird Lane, Suite 209  
Dallas, TX 75214  
[www.dallasal-anon.org](http://www.dallasal-anon.org)  
(Family members and significant loved ones of Alcoholics)

**ALZHEIMER'S ASSOCIATION (214)827-0062**

4144 N. Central Expwy, Suite 750  
Dallas, TX 75204  
[www.alz.org/greaterdallas](http://www.alz.org/greaterdallas)

**AMERICAN CANCER SOCIETY (214)819-1200  
AREA V OFFICE**

8900 Carpenter Frwy.  
Dallas, TX 75247  
[www.cancer.org](http://www.cancer.org)

**AMERICAN LUNG ASSN. OF THE (214)631-5864  
PLAINS-GULF REGION  
LUNG ASSOCIATION SUPPORT**

8150 Brookriver Dr., Suite S102  
Dallas, TX 75247  
[www.lungusa.org](http://www.lungusa.org)

---



---

**ARC OF DALLAS,  
SUPPORT GROUP**

**(214)634-9810**

10455 N. Central Expwy., Ste. 109-523  
Dallas, TX 75231  
www.arcdallas.org

**ARTHRITIS FOUNDATION  
NORTH TEXAS CHAPTER**

**(214)826-4361**

4300 MacArthur Ave.  
Dallas, TX 75209  
www.arthritis.org

**CAREGIVERS SUPPORT GROUP**

**(972)839-0065**

Church of The Epiphany  
421 Custer Rd.  
Richardson, TX 75080

**CO-DEPENDENTS ANONYMOUS  
OF NORTH CENTRAL TEXAS**

**(972)647-4568**

11520 N. Central Expy.  
Dallas, TX 75243

**CROHN'S & COLITIS FOUNDATION  
OF AMERICA**

**(972)386-0607**

12801 N. Central Expwy, Suite 270  
Dallas, TX 75243  
www.ccfa.org

**DALLAS AREA PARKINSONISM SOCIETY (972)620-7600**

6370 LBJ Freeway, Ste. 176  
Dallas, TX 75240

**DALLAS GAMBLERS ANONYMOUS  
SUPPORT GROUP**

**(214)890-0005**

12717 Marsh Ln.  
Dallas, TX 75230

---



---

**DEPRESSIVE & BIPOLAR SUPPORT ALLIANCE** (817)654-7100

PO Box 6361  
Ft. Worth, TX 76115

**GROWTH THROUGH GRIEF PASTORAL CARE AT PARKLAND** (214)590-8512

5201 Harry Hines Blvd.  
Dallas, TX 75235

**JEWISH FAMILY SERVICE** (972)437-9950  
24 Hr.

5402 Arapaho Rd.  
Dallas, TX 75248  
[www.jfsdallas.org](http://www.jfsdallas.org)

**MENDED HEARTS, INC. DALLAS CHAPTER - SUPPORT GROUP** (214)360-6149

7272 Greenville Ave.  
Dallas, TX 75231

**MENTAL HEALTH AMERICA OF GREATER DALLAS DEPRESSIVE'S SUPPORT GROUP** (214)871-2420

624 N. Good Latimer, Suite 200  
Dallas, TX 75204  
[www.mhadallas.org](http://www.mhadallas.org)

**MUSCULAR DYSTROPHY ASSOCIATION OF GREATER DALLAS AND PLANO** (972)480-0016

12655 N. Central Expressway, Ste. 230  
Dallas, TX 75243

**NATIONAL ALLIANCE ON MENTAL ILLNESS - DALLAS (NAMI)** (214)341-7133

2812 Swiss Ave.  
Dallas, TX 75204  
[www.namidallas.org](http://www.namidallas.org)



---

**RECOVERY, INC., SUPPORT GROUP (214)904-0296**

International Headquarters  
802 N. Dearborn  
Chicago, IL 60610  
[www.lowselphelpsystems.org](http://www.lowselphelpsystems.org)

**SENIOR ADULT SERVICES: (972)242-4464**  
**ADDISON, CARROLLTON,**  
**COPPELL & FARMERS BRANCH**

One Medical Pkwy. Professional Plaza 1, Ste. 115  
Farmers Branch, TX 75234  
[www.senioradultservices.org](http://www.senioradultservices.org)

**SELF HELP FOR HARD (214)521-0407**  
**OF HEARING PEOPLE (SHHH)**  
**DALLAS CHAPTER**

**SUPPORT GROUP** (phone answered by the Deaf Action Center)  
3115 Crestview Dr.  
Dallas, TX 75235  
[www.deafactioncentertexas.org](http://www.deafactioncentertexas.org)

**SUICIDE AND CRISIS CENTER, THE (214)824-7023**  
**SURVIVORS OF SUICIDE (214)824-7020**

2808 Swiss Ave.  
Dallas, TX 75204  
[www.sccenter.org](http://www.sccenter.org)

**UNITED OSTOMY ASSOCIATION (214)819-1200**  
**SUPPORT GROUP @ AMERICAN**  
**CANCER SOCIETY**

PO Box 560089  
Dallas, TX 75356

**WIDOWED PERSONS (214)358-4155**  
**SUPPORT GROUP**

Cochran Chapel United Methodist Church  
9027 Midway Rd.  
Dallas, TX 75209

---



---

**WOMEN'S CENTER IN RICHARDSON** (972)238-9516  
515 Custer Rd.  
Richardson, TX 75080

**YWCA** (214)821-9595  
**WOMEN'S RESOURCE CENTER**  
4144 N. Central Expwy #580  
Dallas, TX 75204  
[www.ywcadallas.org](http://www.ywcadallas.org)

**Grandparents Support Group**  
**GRANDPARENTS AND OTHERS**  
**RAISING CHILDREN** (214)998-3545  
[caregiver@flash.net](mailto:caregiver@flash.net)  
[www.relativeraisinggrandchildren.net](http://www.relativeraisinggrandchildren.net)  
[www.familycaregiversonline.net](http://www.familycaregiversonline.net)

**PROJECT GREAT** (972)939-3919  
**EASTER SEALS NORTH TEXAS**  
4443 N. Josey Ln., Ste. 100  
Carrollton, Tx 75010  
(For children with disabilities)

**URBAN LEAGUE OF GREATER DALLAS** (214)915-4600  
**AND NORTH CENTRAL TEXAS**  
**Grandparents Program and Senior Services**  
4315 S. Lancaster Rd.  
Dallas, TX 75216

### **TAX INFORMATION:**

Local jurisdictions have special provisions to assist older homeowners with their property taxes. Income tax information and assistance with filling out forms are also available without charge for older persons.



---

### **Homesteading Assistance**

**DALLAS CENTRAL APPRAISAL DISTRICT -OVER 65+ HOMESTEAD EXEMPTION** (214)631-0910  
2949 N. Stemmons Frwy.  
Dallas, TX 75247  
[www.dcad.org](http://www.dcad.org)

### **Income Tax Assistance**

**INTERNAL REVENUE SERVICE** (800)829-1040  
1100 Commerce St.  
Dallas, TX 75242  
[www.irs.gov](http://www.irs.gov)

**SMU SCHOOL OF LAW CIVIL CLINIC FEDERAL TAX CLINIC** (214)768-2562  
3315 Daniel Ave.  
Dallas, TX 75275  
[www.law.smu.edu/clinics](http://www.law.smu.edu/clinics)

### **TELEPHONE REASSURANCE/FRIENDLY VISITORS:**

The older person participating in a telephone reassurance program will be contacted by a volunteer each day at a certain time. If no contact is received, the service will send a predesignated person to visit to see if there is a problem.

### **Telephone Reassurance**

**LA VOZ DEL ANCIANO** (214)881-7583  
3603 W. Winnetka  
Dallas, TX 75212

**SENIOR ADULT SERVICES:** (972)242-4464  
**ADDISON, CARROLLTON,  
COPPELL & FARMERS BRANCH  
TEL-A-FRIEND**  
One Medical Pkwy. Professional Plaza 1, Ste. 115  
Farmers Branch, TX 75234



www.senioradultservices.org

**Friendly Visiting**

**GREATER LAKEWOOD  
SHEPHERD CENTER** (214)823-2588  
6306 Kenwood  
Dallas, TX 75214

**JEWISH FAMILY SERVICE  
ELDERLY SERVICES** (972)437-9950  
24 Hr.  
5402 Arapaho Rd.  
Dallas, TX 75248  
www.jfsdallas.org

**LA VOZ DEL ANCIANO** (214)881-7583  
3603 W. Winnetka  
Dallas, TX 75212  
www.lavozdallas.org

**MESQUITE SENIOR SERVICES** (972)329-8335  
1616 N. Galloway Ave.  
Mesquite, TX 75149

**SALVATION ARMY, THE  
LEAGUE OF MERCY** (214)956-6000  
6500 Harry Hines Blvd.  
Dallas, TX 75235  
www.salvationarmydallas.org

**TRANSPORTATION:**

The organizations below arrange for or provide transportation for individuals traveling within Dallas county, or in some cases, within a specific suburban area. These transportation services include reduced public transit fares, specially scheduled buses or vans and reduced taxi fares. Most transportation services have more requests for services than they can supply. Calling as far in advance as



---

possible to schedule a trip is advisable.

**Parking Permits (Handicapped Stickers)**

**DALLAS COUNTY GOVERNMENT (214)653-7811**  
**OFFICES HANDICAPPED PARKING STICKER**

500 Elm St., Records Building  
Dallas, TX 75202  
www.dallascounty.org

**Medical Transportation**

**AMERICAN CANCER SOCIETY (214)819-1200**

8900 Carpenter Frwy. (patient services)(800)227-2345  
Dallas, TX 75247  
www.cancer.org(cancer patient)

**CITY OF BALCH SPRINGS SENIOR CENTER (972)286-9317**

2919 Balch Springs Rd.  
Balch Springs, TX 75180  
www.dmcssa@cityofbalchsprings.com  
(Senior Center will transport seniors to the store)

**CITY OF DALLAS (214)670-7235**  
**SENIOR MEDICAL TRANSPORTATION PROGRAM**

2828 Fish Trap Rd.  
Dallas, TX 75212  
(Zip codes 75206, 75209, 75210, 75211, 75212, 75215, 75216,  
75217, 75235, 75241 age 60+ or have a disability)

**CITY OF SEAGOVILLE (972)287-4113**  
**SEAGOVILLE SENIOR CENTER**

304 E. Farmers Rd.  
Seagoville, TX 75159  
(Seagoville residents age 60+)





---

**GARLAND SPECIAL TRANSPORTATION (972)205-2890**

600 West Avenue A

Garland, TX 75040

[www.ci.garland.tx.us](http://www.ci.garland.tx.us)

Eligibility: Must be a resident of Garland. Physician must be at Parkland or in Garland. Not wheelchair accessible.

**IRVING CARES, INC.**

**(972)721-9181**

440 S. Nursery Rd.

Irving, TX 75060

[www.irvingcares.org](http://www.irvingcares.org)

Go to Parkland and City of Irving doctors.

**JEWISH FAMILY SERVICE**

**(972)437-9950**

5402 Arapaho Rd.

Dallas, TX 75248

(Residents of the North Dallas area)

**MESQUITE TRANSPORTATION  
ELDERLY-DISABLED**

**(972)329-6833**

1616 N. Galloway Ave.

Mesquite, TX 75149

[www.cityofmesquite.com](http://www.cityofmesquite.com)

(Mesquite Residents Only)

**PARKLAND SENIOR OUTREACH  
SERVICES**

**(214)590-0407**

4811 Harry Hines Blvd., Support Bldg. C

Dallas, TX 75235

(Zip codes 75214, 75215, 75216, 75217, age 65+)

**TEXAS DEPT OF STATE HEALTH  
SERVICES**

**(877)633-8747**

**MEDICAL TRANSPORTATION PROG.**

1301 S. Bowen Rd., Suite 200

Arlington, TX 76013

**(Medicaid Recipients)**

[www.dshs.state.tx.us](http://www.dshs.state.tx.us)

---



---

### Para-Transit

**DALLAS AREA RAPID TRANSIT** (214)515-7272  
**DART PARATRANSIT**

1401 Pacific Ave.  
Dallas, TX 75202  
www.dart.org

**GRAND PRAIRIE CONNECTION** (214)237-8545

1821 W. Freeway  
Grand Prairie, TX 75051  
(Grand Prairie residents only. Does not leave city limits)

**JEWISH FAMILY SERVICE** (972)437-9950

5402 Arapaho Rd.  
Dallas, TX 75248  
(Residents of the North Dallas area)

### Special Transportation for People with Disabilities

**DALLAS AREA RAPID TRANSIT** (214)515-7272  
**DART PARATRANSIT**

1401 Pacific Ave.  
Dallas, TX 75202  
www.dart.org

**GRAND PRAIRIE CONNECTION** (214)237-8545

1821 W. Freeway  
Grand Prairie, TX 75051  
(Grand Prairie residents only. Does not leave city limits)

**JEWISH FAMILY SERVICE** (972)437-9950

5402 Arapaho Rd.  
Dallas, TX 75248  
(Residents of the North Dallas area)



---

**Senior Ride Programs**

**CITY OF RICHARDSON OLDER ADULT PROGRAM** (972)744-7800

820 West Arapaho Rd.  
Richardson, TX 75080  
(Residents of the City of Richardson age 55+)

**GARLAND OFFICE OF SENIOR AFFAIRS** (972)205-2890

222 Carver St.  
Garland, TX 75040  
[www.ci.garland.tx.us](http://www.ci.garland.tx.us)

**MESQUITE TRANSPORTATION  
ELDERLY-DISABLED**

1616 N. Galloway Ave.  
Mesquite, TX 75149  
[www.cityofmesquite.com](http://www.cityofmesquite.com)  
(Mesquite residents only)

**SENIOR ADULT SERVICES** (972)242-4464  
**ADDISON, CARROLLTON, COPPELL &  
FARMERS BRANCH**

One Medical Pkwy. Professional Plaza 1, Ste. 115  
Farmers Branch, TX 75234

**VOLUNTEER OPPORTUNITIES:**

Many community agencies have positions within their organizations for volunteers. Volunteering is one of the best ways seniors can share their lifetime experiences with others. Call any one of the organizations below and they will help you make a difference.



---

**DALLAS, CITY OF, HOUSING DEPT. (214)670-7319**  
**PEOPLE HELPING PEOPLE**

4607 S. Lancaster Rd.  
Dallas, TX 75216  
[www.dallascityhall.com](http://www.dallascityhall.com)

**HELPING RESTORE ABILITY (817)469-1977**

4300 Beltway Pl., Ste. 130  
Arlington, TX 76018  
[www.helpingrestoreability.org](http://www.helpingrestoreability.org)

**IRVING-HERITAGE SENIOR ACTIVITY (972)721-2496**

200 S. Jefferson St.  
Irving, TX 75060  
[www.ci.irving.tx.us](http://www.ci.irving.tx.us)

**JUNIOR LEAGUE OF DALLAS (214)357-8822**

8003 Inwood Rd.  
Dallas, TX 75209  
[www.jld.net](http://www.jld.net)

**SALVATION ARMY, THE LEAGUE OF MERCY (214)956-6000**

6500 Harry Hines Blvd.  
Dallas, TX 75235  
[www.salvationarmydallas.org](http://www.salvationarmydallas.org)

**SENIOR SOURCE, THE (214)823-5700**

3910 Harry Hines Blvd.  
Dallas, TX 75219  
[www.theseniorsource.org](http://www.theseniorsource.org)



---

**VOLUNTEER CENTER OF NORTH  
TEXAS**

**(214)826-6767**

2800 Live Oak St.  
Dallas, TX 75204  
[www.volunteernorthtexas.org](http://www.volunteernorthtexas.org)









Linking older adults and people with  
disabilities to community resources.

1-888-743-1202









































































































































